



NATIONAL CADET CORPS
(2023-2024)

CARMEL CONVENT SCHOOL
SEC 9 B CHANDIGARH

National Cadet Corps (NCC) - Carmel Convent School

Naval Wing 2023

January

On January 20th, 2023, 25 cadets from Carmel Convent School, Chandigarh, who were in their 1st year of the NCC Naval Wing, gathered at the Shooting range in Sector 25, Chandigarh for Firing Practice. Cadets were briefed on the usage of the 0.22mm rifle and the "Golden safety rules of firing." This event was conducted under the expert guidance of Commanding Officer of the NCC Naval Wing, Captain Vijay Chikkara, alongside Associate NCC Officer, Ms. Preeti Swami, GCI Ms. Ruchi Bala, and Personal Instructor Mr. Vishal.



On Republic Day, January 26th, 2023, the leaders of NSS, NCC, and Bharat Scouts and Guides were honoured with sashes and badges for the year 2023-24. This prestigious ceremony was presided over by the school's Principal, Sister Supreeta, and Ma'am Preeti Swami.

The NCC cabinet members for the year 2023-24 were as follows:

- NCC Cadet Captain: Ustatt Kaur
- NCC Cadet Talk Leader: Twinkle Aggarwal
- NCC Social Media Leader: Fariha Siddique
- NCC Social Service Community Development Leader: Vandita Mehta
- NCC Discipline Leader: Itisha Deswal



On January 28th, 2023, Carmel Convent School marked a significant day when Cadet Avishi Sood was recognized as the best cadet during the Republic Day celebrations. She was presented with the prestigious Best Cadet Baton by the honourable Prime Minister, Mr. Narendra Modi, at an illustrious ceremony held at Cariappa Marg, New Delhi.

The school enthusiastically celebrated her achievement by adorning her with garlands and the lively beats of the Dhol. Alongside her parents and grandparents, Avishi received an outpouring of love and affection from the school's management and staff.

A special function took place in the school auditorium to honor her exceptional accomplishments. The NCC Commanding Officer Naval Wing, Mr. C. V. Chikaara, addressed the students, encouraging them to follow in the footsteps of this young cadet. Avishi received mementos from several dignitaries, including Principal Sister Supreeta, CO Naval Wing Captain C. V. Chikaara, ANO NCC Naval Wing Preeti Swami, and GCA Ruchi Bala.



On January 30th, 2023, a written examination, drill and interview were held on the school premises for NCC certification.



February

On February 16, 17, 20, and 21st, 2023, the NCC Naval Wing Cadets of Carmel Convent School in Chandigarh assembled on the school grounds for a series of drill practice sessions. The classes kicked off with invigorating rounds of jogging and warm-up exercises. The Guidance and Control Authority (GCA) provided the cadets with essential instructions regarding the rules of falling in. Cadets were educated on the "savdhan" and "vishram" positions, as well as salutes practised in the Army, Navy, and Airforce. Commands such as "baye mud," "dahine mud," "piche mud," "aage se tez chall," and "bae se saj" were also covered, along with the proper way to enter and exit a fall-in formation. Cadets received guidance on techniques to refine their drill movements and deliver precise commands. The training culminated with the cadets executing the entire drill collectively and documenting their performance in a video.



March

On March 16th, 2023 Cdt Ustat Kaur received the rank of Petty Officer Cadet (POC), Cdt Vandita Mehta as Leading Cadet-1 and Cdt Itisha Deswal as Leading Cadet-2. These ranks were given by the NCC Naval Wing Commanding Officer Captain C.V. Chikarra and Third Officer Ma'am Preeti Swami.



April

On April 10th, 2023, the selection process for the 5th Batch of NCC took place during the zero period at the school. Enthusiastic students from 8th grade actively engaged in all stages of the selection process, comprising a written examination, physical assessment, and interviews conducted by ANO Preeti Swami and GCA Ruchi Bala ma'am.



On April 11th, 2023, a significant visit occurred at Carmel Convent School as the Commanding Officer of Chandigarh Unit (Navy Wing), Captain C V Chikkara, and the Executive Officer, Captain Munish Dauley, came to meet and encourage the new cadets. This was an inspiring interaction where they shared valuable insights with the cadets.

Captain Chikkara and Captain Dauley emphasised the advantages of NCC and how crucial it is to engage in physical activities and hobbies. They highlighted how these pursuits can be immensely helpful during times of anxiety and sorrow. Additionally, they shared their own experiences and stressed the importance of excelling both academically and in NCC.

In closing, the NCC Cadet Captain and the cabinets expressed their gratitude to the new NCC cadets with heartwarming and motivating talks. They shared their experiences and extended a warm welcome, filling the atmosphere with joy and enthusiasm.



On April 19th, 2023, cadets from Carmel Convent and St. Kabir came together for a Cadet Talk session on the poignant topics of the Jallianwala Bagh massacre and Baisakhi. This enlightening event was conducted under the guidance of ANO Ma'am Preeti Swami, GCA Ma'am Ruchi Bala, and Ma'am Preeti Kiran from St. Kabir.



On April 22th, 2023, the 2nd Year Cadets of the NCC Naval Wing at Carmel Convent School had a firing session, This entire event was conducted under the expert guidance of Commanding Officer NCC Naval Wing, Captain Vijay Chikkara, alongside ANO Ma'am Preeti Swami and GCA Ms. Ruchi, ensuring a safe and educational experience for all the cadets.



May

On May 11th, 2023, an enriching personality development session was conducted for 50 NCC Cadets from Carmel Convent School, featuring Brigadier Ranjit, a retired Group Commander from NCC Unit Sector 31, Chandigarh. The session revolved around the crucial topic of "HABITS OF MENTALLY STRONG PEOPLE."



On May 15th, 2023, the NCC Annual Training Camp (ATC) commenced at Kendriya Vidyalaya, Sector 31, Chandigarh, bringing together 25 dedicated cadets. Under the guidance of Commanding Officer Captain C V Chikkara, ANO Preeti Swami, and GCA Ruchi Bala, this 10-day camp was organised to prepare the cadets for competitions and enhance their skills. The camp featured an array of physical activities, including yoga, physical training (PT), self-defence, and rigorous drill practice, setting a robust foundation for the cadets. In the spirit of camaraderie, the cadets also engaged in team-building games like tug of war, kho-kho, handball, and relay races.



On May 23, 2023, a vibrant cultural night was organised, featuring enthusiastic performances by all the cadets. This evening of talent and creativity was followed by a prize distribution ceremony. Carmel Convent School's cadets demonstrated their prowess, earning commendable recognition. The achievements included:

- 3rd prize in the drill competition
- 2nd prize in Semaphore, credited to Kavya and Yutika
- 1st prize in tug of war



On May 24th, 2023, Cadet Avishi Sood was awarded the prestigious ALL INDIA BEST CADET scholarship, receiving a cash amount of Rs 6000. Additionally, Sara Bansal was honoured with the CWS Scholarship, also amounting to Rs 6000, from the unit. This recognition highlights their outstanding achievements and contributions to their respective fields.



From May 29 to June 2, 2023, a SCUBA DIVING Camp unfolded at CHD Sector-31, Naval Unit, offering an extraordinary experience to Cadet Ustat and Anusmita. This event was conducted under the guidance of CO C. V. Chhikarra, providing a unique opportunity for a total of 16 cadets, including 7 JWs and 9 JDs. Their selection was based on their performance in a rigorous swimming test on the first day. The camp initiated with an enlightening introduction to SCUBA, representing "Self Contained Underwater Breathing Apparatus." The camp culminated with a formal certificate distribution on the final day, awarded by CO C.V. Chhikarra. This SCUBA DIVING Camp not only provided cadets with practical experience but also offered a unique underwater journey of skill acquisition and adventure.



June

From June 19 to June 26, 2023, an incredible adventure unfolded as Carmel Convent School's Cadet Kavya and PO Cadet Ustat embarked on HIMTREKK II, the All India Girls Trekking expedition organised by the National Cadet Corps. The camp took place in the picturesque mountains and valleys of Palampur, bathed in radiant sunshine. The cadets' journey led them over mountains, through woods, along rivers, and through valleys, offering a unique blend of natural beauty and outdoor challenge.



On June 21st 2023, International Yoga Day was celebrated at Carmel Convent School, Chandigarh. The event was organised under the guidance of ANO Preeti Swami. The occasion emphasised the significance of yoga in promoting physical and mental well-being. The celebration was a collective effort, that took place at Carmel Convent School, with the aim of fostering holistic wellness among the NCC Cadets, Sisters, and the broader school community.



From June 10 to June 21, 2023, the Ek Bharat Shreshtha Bharat Camp unfolded at Sarvhitkari Vidya Mandir School in Malerkotla, Punjab. This event saw the participation of Cadet Itisha from Carmel Convent School, who joined cadets from different directorates, including PHHP&C and AP&T. Hosted by the Patiala Group, the camp provided a platform for cultural exchange and learning, with cadets engaging in various activities and sessions. The Chandigarh group made their presence felt by securing top positions in various competitions. This camp allowed cadets to learn discipline, experience diverse cultures and traditions, and forge connections with peers from different regions and backgrounds.



From June 26 to June 30, 2023, an initiative was undertaken in line with Hon'ble Prime Minister Shri Narendra Modi's vision of a new India and Scientific Social Responsibility (SSR) for the Council of Scientific and Industrial Research (CSIR). The objective of the Jigyasa Summer Camp, part of the CSIR ONE WEEK ONE LAB PROGRAMME, aimed to extend traditional classroom learning by immersing students in well-planned research laboratories.

Prize winners were duly recognized, with the following students receiving accolades:

- For Scitoon competition: Aira Nautiyal, Osheen Maleri, Ahana, Mohini, Safia, and Manasvi.
- DIY microscope making:
 - Second prize: Aanya Swami, Aishwarya Chhabra, Angel, and Hazel Arora.
 - Third prize: Anamika Sharma, Samridhi, and two students from other schools.
 - Fourth prize: Aira Nautiyal, Akshra Bhatia, Sara Bansal, and Vanshita Sharma.
 - Fifth prize: Divya, Ananya, Manasvi Singh, and Anvisha.
- For exceptional performance: Aira Nautiyal.

This program provided an enriching platform for students to explore the realms of science, technology, and innovation.



July

On July 8th, 2023 during the Annual General Meeting (AGM), Carmel Convent School celebrated and acknowledged the exceptional achievements of its cadets in the year 2022. The Principal, Sr. Shanta Fernandes, felicitated the following outstanding cadets for their remarkable accomplishments:

- Cadet Avishi Sood, who earned the prestigious title of RDC All India Best Cadet 2022.
- Cadet Sarah Bansal, who secured her place in the Young Scientist Program YUVIKA 2022 by ISRO.



From July 21st to 23rd, 2023, the CATC Camp was held at The Lovely Professional University, Jalandhar. ANO Preeti Swami received the Doaba Dynamites Trophy from Commanding Officer Col. Maninder Singh Sachdev of 2 Punjab (Girls) Battalion NCC, Jalandhar. This recognition was bestowed upon her for her dedicated efforts in providing EXPA (Expedition Advanced Training) to NCC SD (Senior Division) SW (Special Wing) Cadets.



On July 25th, 2023 an online meeting brought together NCC alumni cadets at 9 pm. The meeting revolved around two primary agenda items. Firstly, the 'Cadet Talk' was discussed, offering alumni the opportunity to engage in three key spheres: the organisation committee, the planning committee, and the feedback committee. Secondly, plans for personality development classes were unveiled, featuring the participation of officers serving in various capacities within the Indian Army. These classes are aimed at providing Carmel NCC Cadets with valuable knowledge and insights from experienced officers, contributing to their long-term growth and development. The enthusiastic alumni looked forward to actively participating in these upcoming events.



On July 26th, 2023, a motivational talk by Brigadier Ranjeet Sir was held for 1st and 2nd-year cadets, with the presence of ANO Preeti Swami and GCA Ruchi Bala. The session revolved around the "Key to Success," and Brigadier Ranjeet shared valuable insights on achieving success, advised the cadets to limit their use of social media, as it can be distracting, and to maintain a healthy diet by reducing sugar intake and avoiding preserved foods.



On July 27th, 2023, The Cadet Talk on 'Am I Enough?' was held, at Carmel Convent School in Chandigarh, Batch 2022-24 and Batch 2023-25, was a successful event organised under the guidance of ANO ma'am Preeti Swami and GCA ma'am Ruchi Bala. The cadets employed innovative communication methods, including diagrams and scales, to convey the profound meaning of self-worth. Their active participation and insightful answers made the session both informative and interactive.



August

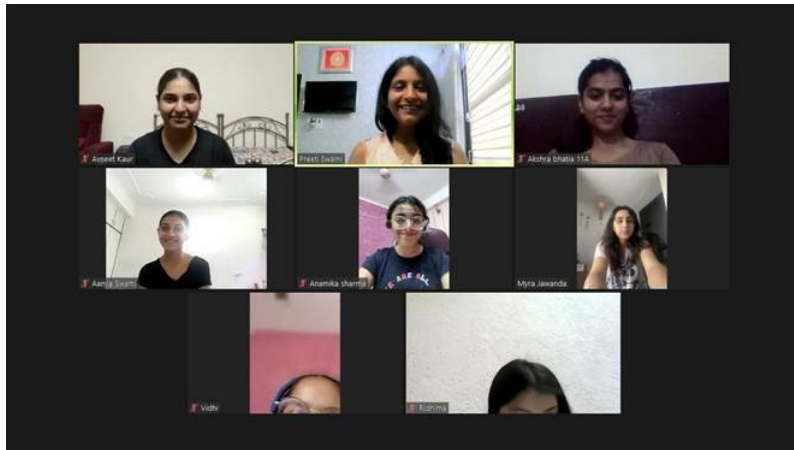
On August 2nd, 2023, NCC cadets and NSS volunteers took on traffic duty as part of a practical lecture on road safety. This event, organised with the guidance of ANO Ma'am Preeti Swami, took place both in front of Gate 2 at the school and at Matka Chowk. The session covered various aspects of traffic safety, including laws, policies, and guidelines for pedestrians and drivers. Mr. Rajeev, a senior constable from the Chandigarh Police traffic division, ensured that the students behaved in an orderly manner while addressing their questions. The session underscored the vital importance of road safety in our daily lives and emphasised the necessity of taking all required precautions.



On August 4th, 2023, the Cadet Talk series held a motivational session on the topic of "Setbacks and Failures in Life." This event was led by the Alumni Cadet Group and was graced by the presence of Commanding Officer Vijay Chhikara, sir, and Executive Officer Captain Manish Dauley, Sir. Cadets from our school's current batches and St. Kabir Public School, along with CTO Preeti Kiran Ma'am and GCA Devika Ma'am, participated. The alumni cadets shared insights on how failures can lead to success, the inevitability of failures in life, and the importance of embracing failures and conquering the fear associated with them.



On August 6th, 2023, an online meeting was held with ANO Ma'am Preeti Swami and a group of cadets to discuss and plan future Cadet Talk events. Ma'am Preeti Swami emphasised the importance of engaging and inspiring cadets through informative and motivational talks. Cadets actively participated, contributing ideas and suggestions for potential speakers and topics. The online meeting served as a platform for planning and strategizing future Cadet Talk events, showcasing the collaborative efforts of ANO Ma'am Preeti Swami and the cadets in their commitment to providing valuable learning experiences for the cadet community.



On August 11th, 2023, an interaction with the Honourable Wing Commander Dushyant Singh Ahluwalia provided a unique opportunity for cadets to gain insights into his illustrious career in the Indian Air Force. During this engaging session, Wing Commander Ahluwalia shared invaluable advice, underscoring the importance of discipline, perseverance, and teamwork.



On Independence Day, August 15th, 2023 at Parade Ground in Sector 17, Chandigarh, the occasion brought together participants from esteemed organisations such as Chandigarh Police, Punjab Police, Haryana Police, CRPF, Civil Defence, NCC, BSG, and NSS, symbolising the collaborative efforts of different forces dedicated to the nation's security and development. Sh. Banwarilal Purohit, the honourable Governor of Punjab, graced the occasion as the chief guest, adding significance to the event.

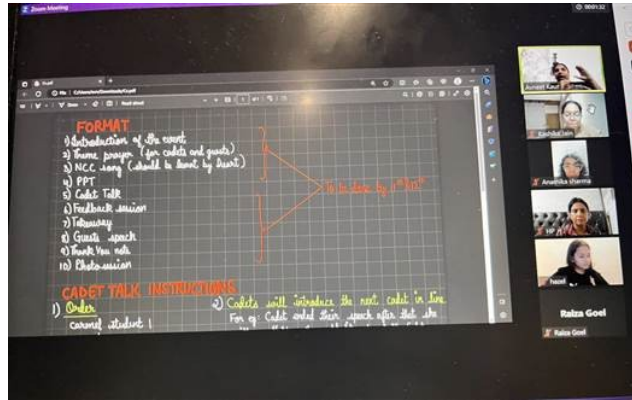
A noteworthy highlight was the debut participation of Carmel Convent School NSS and students in the NSS girls' and boys' school categories, the school achieved the coveted BEST CONTINGENT TROPHY overall, a testament to the unwavering dedication and hard work of all participants under the guidance of NSS PO Ma'am Preeti Swami.



On August 18th, 2023 Cadets were honoured with awards by Principal Sr. Shanta Fernandes and ANO Ma'am Preeti Swami for their outstanding participation in various activities. These accolades included their involvement in the Him Trek Camp, Ek Bharat Shrestha Bharat camp, Scuba diving camp, and Annual Training Camp activities. Their achievements ranged from winning the Best Drill and First prize in Tug of War to receiving awards like the Best Supporting Cadet and Best Comic for the One week One Lab workshop. Furthermore, the cadets secured the 4th position in the DIY kit making competition. These awards underscored the dedication and excellence exhibited by these young participants in a wide array of activities.



On August 18th, 2023, a productive online meeting was convened with ANO Ma'am Preeti Swami to deliberate on the forthcoming Cadet Talk sessions with NCC alumni cadets. The central aim of this meeting was to plan engaging talks that would emphasise the comprehensive development of the cadets. Throughout the discussion, the importance of mentorship and networking opportunities was underscored, leading to the decision to invite NCC alumni as guest speakers for the upcoming sessions.



On August 24th, 2023, Watermanship activity was conducted by NCC Naval wing for 25 cadets of 2nd year of Carmel Convent School wherein the cadets were taught basic steps for Kayaking and knowledge related to boats was also given. Cadets were given opportunity to go for Kayaking as well as motor boat ride was enjoyed by the cadets. Overall it was the learning experience for the cadets.



On August 25th, 2023, a Cadet Talk session took place where Carmel Convent cadets extended invitations to CTO Gurminder Singh Sir, BCA Aaditya Sir, and Cadets from KV Sec-31. The event revolved around the topic of 'Unleashing the Potential of Dreams.' ANO Preeti Swami ma'am and GCA Ruchi ma'am successfully organised the event, ensuring a smooth and engaging session for all participants.



SEPTEMBER

Cdt. Aasvi Suroy won 3rd Prize on 3rd September in the weight lifting competition(open) held today in Sector 42 Sports Complex.



On 5th September Ex Cadets and Cadets of current batch presented cards and diaries to the teachers as the token of love from their side.



Cadet Aditi won a gold medal in a baseball match against the Sacred Heart School on 18th September 2023.



Cadet Manasvi Singh of Class 8 won silver medal in Foil and Bronze in Epee in Fencing on 19th September 2023.



NCC Road Safety Rangers Cadet Ustat, Itisha and Twinkle along with ANO Preeti Swami participated in Road Safety Ranger a community outreach programme of Chandigarh Traffic Police launched by Hon'ble Governor of Punjab cum Administrator of UT Chandigarh on 14th Sept at Sports Complex Sec 7B Chandigarh. Cadets will now take this program and will spread the awareness regarding traffic rules and regulations in their respective schools and neighbourhood promoting a culture of self-discipline and civic sense





OCTOBER

SWACHTTA HI SEWA CAMPAIGN

On 1st Oct 2023 Garbage Free India -Swachtta Hi Sewa campaign was organized by 2 Chd Bn NCC at Japanese Garden, Sec 31 D, Chandigarh from 7:30am to 11am. Third Officer Preeti Swami was in charge of this event and conducted the swachtta rally, cleanliness drive and cadets also took pledge .



EK BHARAT SHRESTHA BHARAT CAMP AT UJJIAN

NCC DIRECTORATE MP &CG organised the EBSB camp II in Ujjain from 4th to 15th Oct 2023. Third Officer Maam Preeti Swami took the sessions for SD, SW on various topics associated with EXPA-CADET programme on 7th and 8th Oct. Camp Commandant Col Gyanprakash Chowdhary presented the Certificate of appreciation to her.





Personality Development Session

On 14 October, 2023 NSS Volunteers, NCC Cadets, BSG Guides and volunteers' students from class 6th to 10th attended Personality Development session on Life Lessons by Col Maninder Singh, 2 Punjab Girls BN, NCC, Jalandhar from 9:00 A.M. to 10:00 A.M. which aimed to enhance self-awareness, communication skills, and overall personality traits.



HARMONY IN THE CLASSROOM

On 18th Oct 2023 ANO Preeti Swami along with Commanding Officer Captain CV Chhikara took the session for class 8th students of KV Sec 31 Chandigarh on Harmony in the class from 7:30am to 2:30pm wherein the students were involved in the group activities to bring out the change in their classes. Five Harmony mentors were also appointed by students polling to continue the step towards harmony in their class and school.



WORKSHOP ON SHIP MODELLING

Ship modelling ten days workshop started in Carmel for 10 NCC cadets from 23rd October 2023 wherein they learn the basics of ship modelling as well as made their own ship models under the guidance of Ship modelling instructor Vishal Sir from NCC unit.





Cadet Aditi of class 8th was selected to participate in One day matches from 14th Nov to 26th Nov 2023 at Baroda conducted by BCCI as a player of UTCA Girls U-15 Cricket team from Chandigarh.



EK BHARAT SHRESTHA BHARAT CAMP AT ROPAR

NCC DIRECTORATE PHHP&CHD along with Telangana organised the EBSB camp II in NCC academy Ropar from 28th to 29th Oct 2023. Third Officer Maam Preeti Swami took the sessions for SD,SW on various topics associated with EXPA-CADET programme. Camp Commandant Col Anurag Mehra presented the Certificate of appreciation to her.



EBSB -II CAMP AT NCC ACADEMY ROPAR

Cadet Yutika participated in 10 days EBSB -II camp at NCC academy Ropar organised by PPHP&CHD Directorate along with Telangana cadets from 26th Oct to 4th Nov 2023 and won two medals -Silver-Firing and Bronze -Cultural



VISIT TO BAL VAIGYANIK PRADARSHANI

NCC CADETS ITISHA, FARIHA, YUTIKA, ANIKA and TASHVI along with ANO Preeti Swami visited the three days Bal Vaigyanik Pradarshani -theme-SCIENCE AND TECHNOLOGY FOR SOCIETY at SCERT ,Chandigarh on 29th Nov 2023 from 2:30pm to 3:30pm. Students were given practical knowledge about the science in daily life through various working and non working models.



NAVY DAY CELEBRATIONS

On 4th December 2023 Navy Day was celebrated in Carmel with MARCOS Commadore Vijay Pal Singh Rawat (retd) Ex Commanding Officer(IN) Captain CV Chhikarra ,Executive Officer(IN) Captain Munish Daulay and Cadets of St Kabir.



Carmel Cadets presented the activities taken up in NCC and Carmel through Cadet talk followed by the cultural dance performance by cadets of St Kabir and Carmel.



Commadore Vijay Pal Singh Rawat also took session for the students on Developing Self Confidence. Executive Officer Captain Munish has also congratulate everyone for Navy day celebrations and highlighted on the importance of the day.



Ex Commanding Officer, Executive Officer, School Manager Sr Sumita, ANO Preeti Swami along with All India Best Cadet Avishi Sood inaugurated the NCC workbook and Timetable calendar designed by ANO of Carmel for cadets.



NCC Cadet Coffee Times was also inaugurated by Marcos Commadore Vijay Pal Singh Rawat (retd) and he is the first one to record the series of Cadet Coffee Times in Carmel with ANO Preeti Swami and Cadet Mishika.



SHIP MODELLING SESSION

On 23rd & 24th December 2023, Cadets of class 9th and 8th participated in 2 days ship modelling workshop from 8am to 1:30pm and learnt about assembling and

creating their own ship models under the guidance of Ship modelling Instructors Mr Vishal and Senior Cadet Neeraj.



Three Cadets of Carmel Convent school cricketers.

Cadet Gulnaaz, Cadet Ritika and Cadet Aditi selected for 67th school National Chandigarh Team u 19 women Cricket Tournament which will held at Ahmedabad Gujrat from 11 to 14 January 2024



