



NATIONAL CADET CORPS
(2026-2027)

CARMEL CONVENT SCHOOL
SEC 9 B CHANDIGARH

APRIL

EX Cadets interaction session

On 13th and 20th April 2026 EX-NCC cadets motivated the second-year cadets for the upcoming NCC activities as well as for ATC



NCC ENROLMENT for Class 8th A,B,C

The NCC enrolment for Class VIII (A, B, and C) was conducted on 20th April in the school.

The PI staff from the NCC unit carried out the selection process, which included a physical test (running and push-ups), a written test, and a personal interview. The process was conducted in the presence of ANO Preeti Swami.





On the same day, the Commanding Officer, Commander Gaurav Pant, visited the school and motivated the students through his interaction.



Around 35 students participated, out of which 25 students will be selected. The final selection list will be announced soon.

CARMEL PREMIER LEAGUE

On 21st April, ANO Preeti Swami took part in the CPL cricket match representing the Carmel Titans team, while NCC cadets were responsible for maintaining discipline throughout the event.





Semaphore Classes

On 24th April, semaphore classes were conducted by the ex-cadets for second year.



BEST CADET PREPARATION ROUND -1

On 28th April best cadets interview was held in zero period for class 9th cadets by ANO Preeti Swami and RDC BEST CADET Aryata Ahuja.



Seamanship Classes

On 29th April, seamanship classes were conducted by the ex-cadets for second year.



FIRING CLASSES

On 4th May firing classes were taken up by ANO Preeti Swami in the zero period for second year cadets.



FIRST YEAR NEW CADETS' ENROLLMENT

On 5th May 2026 first year new enrolment was completed and a warm welcome was given to the first-year cadets by second year cadets as well as ANO Preeti Swami.



DRILL CLASSES

On 6th May Drill classes were taken up by ANO Preeti Swami and Ex- Cadets for Second year students in zero period.





DRILL TEST-2ND YEAR CADETS

On 7th May drill test round -1 was taken by ANO Preeti Swami for 2nd year cadets.





Drill Practice-1st Year Cadets

On 7th May Drill classes were taken by ex-cadets for 1st year.



CELEBRATION OF OPERATION SINDOOR

On 8th May 2026, Carmel Convent School solemnly conducted a special morning assembly on the success of Operation Sindoor first anniversary to honour the courage, dedication, and sacrifice of the Indian Armed Forces. During the assembly, a motivational address was delivered by ANO Preeti Swami for the students of Classes VI to XII, highlighting the importance of patriotism, discipline, unity, and the bravery displayed by our soldiers during Operation Sindoor.



The assembly was attended by students, NCC cadets, staff members, and the school Principal, Sister Shanta. On this proud occasion, the National Flag was ceremoniously hoisted, followed by the singing of the National Anthem, Jana Gana Mana, with great respect and patriotic spirit by all present. The event inspired students to develop love and respect for the nation and its brave soldiers.





GPS Map Camera

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Chandigarh 160009, India

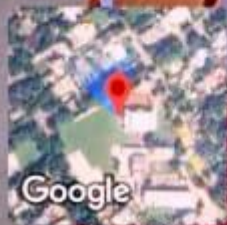
Lat 30.746672° Long 76.795358°

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GROUP DISCUSSION SESSION

On 15th May Group discussion session was taken for all 50 cadets under the guidance of ANO Preeti Swami.



NCC Rank Ceremony

On 15 May 2026, the Rank Ceremony of the NCC Naval Wing was held at the NCC Unit, Sector 31, Chandigarh with great pride and discipline. The ranks were conferred by Commanding Officer of the NCC Naval Unit, Commander Gaurav Pant, to the deserving cadets.

From Carmel Convent School, Cadet Falak Saini was awarded the rank of Petty Officer Cadet (POC), Cadet Tanvi received the rank of Leading Cadet 1, and Cadet Vedika was conferred with the rank of Leading Cadet 2.

The ceremony was attended by 2nd Officer Preeti Swami, ANO of Carmel Convent School, who escorted and accompanied the cadets during the event. The rank ceremony proved to be highly motivating and inspiring for all cadets, encouraging them to perform with greater dedication and enthusiasm in the upcoming training activities.









Felicitation Ceremony for NCC Certificate 'A' Holders

The felicitation ceremony for NCC Certificate 'A' holders of Carmel Convent School was held on 18th May 2026 at the NCC Naval Wing Unit. A total of 24 NCC cadets of 2024-26 batch currently studying in class 10 were awarded the prestigious NCC Certificate 'A' certificates by the Commanding Officer, Commander Gaurav Pant.

The ceremony was conducted with great pride and enthusiasm. During the event, the cadets were motivated and inspired by the encouraging address delivered by the Commanding Officer, who guided them for their future endeavours and responsibilities as NCC cadets.

The cadets also visited the Naval Wing Unit area and explored the ship modelling section, which enhanced their learning experience and exposure to naval activities. The entire visit proved to be highly informative and motivating for all the cadets.

The ceremony was attended in the presence of Second Officer Preeti Swami, ANO of Carmel Convent School, along with the NCC staff and cadets. The event concluded successfully with great discipline, motivation, and patriotic spirit.











AWARENESS & KNOWLEDGE ENRICHMENT SESSION

An Awareness & Knowledge Enrichment Session was conducted on 19th May 2026 for 50 cadets of Classes VIII and IX of the NCC Naval Wing, Carmel Convent School, along with their ANO, S/O PREETI SWAMI. The session was conducted by Mr. Rabjot from Allen Institute.

The session focused on enhancing the cadets' awareness, observational skills, and understanding of current affairs and static knowledge. Mr. Rabjot guided the cadets on the importance of newspaper reading, informative educational channels, interview skills, business awareness, and learning new facts daily.

The cadets enthusiastically participated in the GK quiz conducted during the session and received chocolates for actively sharing their ideas and views. The cadets were also introduced to useful platforms and informative content that can help them improve their knowledge and confidence.

The session proved to be highly interactive, informative, and motivating for all the cadets.









International Yoga Day

On the occasion of International Yoga Day, a rejuvenating and informative yoga session was conducted for the NCC cadets of Classes VIII and IX of Carmel Convent School by ANO Preeti Swami in the school premises. The session aimed at promoting physical fitness, mental well-being, and awareness about the importance of yoga in daily life.

The session began with warm-up and Prarambhik exercises, preparing the cadets for various yoga practices. ANO Preeti Swami, who holds a Master's degree in Yoga and Spirituality and is a trained yoga instructor, guided the cadets through different asanas including Tadasana, Vrikshasana, and Bhujangasana. The cadets also performed Surya Namaskar with enthusiasm and discipline.

The yoga practice concluded with breathing and relaxation techniques such as Kapalbhati, Anulom-Vilom, Bhastrika, and Bhramari Pranayama, followed by the chanting of Om. A special five-senses meditation session was also conducted to enhance concentration and inner peace among the cadets.

Throughout the session, the cadets were wholeheartedly trained and educated about the benefits, precautions, and correct methods of performing each asana and pranayama. The session proved to be highly beneficial, encouraging the cadets to adopt yoga as a healthy lifestyle practice.



NCC Shooting Class

A shooting training class for 25 first-year NCC cadets of Carmel Convent School was conducted on 21st May 2026 under the guidance of ANO Preeti Swami. The cadets were introduced to the basic rules and regulations of shooting, including safety measures, rifle handling, aiming techniques, body posture, trigger control, and range discipline.

A live demonstration was first given by ANO Preeti Swami, after which all cadets were given an opportunity to practice shooting individually. Their scores were recorded for assessment and improvement.

As it was the first shooting class for most of the cadets, they were highly excited and participated with great enthusiasm and discipline. The session proved to be informative, confidence-building, and motivating for all the cadets.





Cadet Bhavya Excels at Him Trek Camp 2026

Cadet Bhavya proudly participated in the Him Trek Camp held at Jaypee University of Information Technology, Solan, from 13–20 June 2026. The camp featured challenging trekking expeditions covering a total distance of 58 km, including an impressive 16 km trek in a single day, fostering endurance, resilience, teamwork, and leadership.

Adding to the achievement, Cadet Bhavya won a **Gold Medal in Hindi Poetry**, a **Silver Medal in Photography**, and a **Gold Medal** for being recognized by the ANO as the **most attentive and helpful cadet** during the trek. The camp proved to

be a rewarding experience, contributing significantly to personal development and the spirit of adventure.



ATC Air Wing Best Cadet -2026

Cadet Bhavya participated in the 10-day NCC Air Wing Annual Training Camp (ATC) held at Panjab University from 22 June to 1 July 2026. She was honoured with the Best Junior Wing (JW) Cadet – Air Wing award for her outstanding performance, discipline, and dedication throughout the camp.



Carmel Convent School Cadets Shine at CATC 2026

Chandigarh, July 19: NCC cadets of Carmel Convent School, Chandigarh, brought laurels to the institution with an outstanding performance at the 10-day Combined Annual Training Camp (CATC) organised by 1 Chandigarh Naval Unit at Panjab University from 10th July to 19th July 2026.

A contingent of 24 cadets, accompanied by 2nd Officer Preeti Swami and GCA Monica, underwent intensive training, leadership activities, and competitive events throughout the camp.

The school's achievements were exceptional. Cadet Falak was adjudged the Best Cadet in the Junior Division/Junior Wing category. Cadet Divyanshi secured 1st position in the 200-metre race, while the contingent also clinched 1st position in Tug of War and finished Runners-up in the Seamanship Competition. With these remarkable performances, Carmel Convent School emerged as the Overall Champion in the Junior Division and Junior Wing category among all participating schools of 1 Chandigarh Naval Unit.

The winning cadets were presented with trophies and certificates by the Commanding Officer, Commander Gaurav Pant, during the closing ceremony. On the occasion, 2nd Officer Preeti Swami was also felicitated by Commander Gaurav Pant in recognition of her exemplary leadership, unwavering commitment, and dedicated mentorship of the cadets, acknowledging her outstanding contribution to NCC training and the contingent's remarkable success.

The exceptional performance of the contingent reflects Carmel Convent School's unwavering commitment to nurturing disciplined, confident, and responsible young leaders through the NCC, while inspiring the cadets to uphold the values of leadership, discipline, teamwork, and service to the nation.







