

## BHARAT SCOUTS AND GUIDES

### BATCH 2025-26



### **Anti-Drug Awareness Rally**

The Anti-Drug Awareness Rally was conducted on 4th August 2025 under the BSG Unit to spread awareness about the harmful effects of substance abuse. Students participated actively, carrying posters and chanting slogans promoting a drug-free lifestyle. The rally highlighted the physical, psychological, and social impacts of drug misuse. It encouraged responsible decision-making and emphasized the importance of preventive education. The initiative proved effective in inspiring students and the community to work together for a safe and drug-free environment.



## BSG Flag Day

The BSG Flag Day celebration began with a prayer, followed by the BSG *Jhanda Geet* and the Guide Promise, creating an atmosphere of unity, discipline, and respect. Students were then introduced to the history, values, and significance of the Bharat Scouts and Guides, gaining a deeper understanding of its purpose and principles. After the ceremonial proceedings, a counselling session titled “*Unravelling the Personality*” was conducted by Ms. Mehak for the BSG students. She explained various personality types and introduced the Iceberg Theory of Id, Ego, and Superego, along with the concepts of the conscious, subconscious, and unconscious mind. The importance of creativity in shaping a well-rounded personality was also emphasised. The session was highly informative and encouraged greater self-awareness among the students.



## BSG Inter-Patrol Throwball Matches

The BSG Inter-Patrol Throwball Matches were held on 27th November 2025 with great enthusiasm and sportsmanship. Four patrols—**Rose**, **Lotus**, **Sunflower**, and **Lily**—competed actively as their teammates cheered them on from the sidelines.

The event began with the first match between the **Rose** and **Lotus** patrols. Both teams displayed strong coordination and energetic play, but Rose secured a well-deserved victory.

The second match was played between the **Sunflower** and **Lily** patrols. It was an exciting and engaging game, with Sunflower emerging as the winner through consistent teamwork and strategic play.

The final match was a thrilling contest between **Rose** and **Sunflower** patrols. Both teams fought hard for every point, showing excellent skill and determination. In the end, **Rose** patrol triumphed and became the champions of the tournament.

The throwball event highlighted the spirit of teamwork, discipline, and healthy competition among the BSG members, making it a memorable and successful occasion.



## Flameless Cooking Activity

The **Flameless Cooking Activity** was conducted on 28th November 2025, providing students with an exciting opportunity to showcase their creativity and culinary skills without the use of fire. All four patrols participated enthusiastically, preparing a delightful variety of dishes.

The **Rose** patrol impressed everyone with their delicious *paneer rolls* and refreshing *juice*, while presenting their dishes with great care and creativity.

The **Sunflower** patrol prepared the popular and flavourful *chaat papdi*, demonstrating excellent teamwork and presentation.

The **Lotus** patrol delighted the audience with their tasty *bhelpuri* and *golgappe*, which were enjoyed by all for their perfect blend of flavours.

The Lily patrol prepared mouth-watering paneer spring rolls along with rich and creamy cheesecake, showcasing both innovation and skill.

The activity encouraged teamwork, creativity, and practical learning. Students not only enjoyed preparing the dishes but also learned the importance of safety, cooperation, and presentation. The event was a great success and left everyone appreciating the talent and enthusiasm of each patrol.



## Visit to Kikar Lodge

On 21<sup>st</sup> of January, 2026, the students of BSG along with Sr. Lizzane and Ma'am Ruby, attended a one day camp at Kikar Lodge, Ropar. The students spent a fun day exploring the area and doing obstacle training.

