



## **ACTIVITY REPORT (HIGH SCHOOL)**

### **SESSION 2019-20**



### **Class VII Visits Biblical Exhibition in Sector 19 Church**

On 9th January, 2019 the students of Class VII visited the Catholic Church of Sector 19, where a Biblical exhibition was being held. The exhibition consisted of quotes from the Bible on combatting stress, scenes from the Bible depicted through paintings and models, and 3D models on the harmful effects of drug addiction.



### **Foundation Laying Ceremony for the New Building**

January 10, 2019, was a historic day for Carmel Convent School, Sector 9-B as the foundation was laid for the new building. The ceremony was blessed by Fr. Dominic Fernandes and the administrative staff, teachers, students and workers all took part.





## Art Exhibition

An art and craft exhibition featuring work done by students of classes VI-XII was organised in the Biology Lab on January 19, 2019, during the Parent-Teacher Meeting.



## Traffic Safety Week

Satya Squad organized a Traffic Safety Week from January 14-18, 2019. Working in collaboration with Class VII, they educated the students on traffic rules, precautions to be taken by pedestrians and cyclists on the road as well as safe driving habits. This was done during the morning assembly all week. A rally was also conducted by the students to make people aware of traffic rules. The week culminated with representatives from the Chandigarh Traffic Police addressing the students and educating them on the various factors which ensure safety on the roads.





### Science Exhibition by VI-C

A science exhibition was organised by class VI-C on January 19, 2019. The students prepared models on the various topics related to Light, Magnetism and Electricity.





## Atal Tinkering Lab Inaugurated

The Atal Tinkering Lab was inaugurated in Carmel Convent School on January 25, 2019. Started in collaboration with the NITI Aayog, under the Atal Innovation Mission, the lab is the first in the region for an all-girls' school.



## Republic Day Celebrations 2019

The 70<sup>th</sup> Republic Day was celebrated in Carmel Convent School with colour, pomp and a patriotic fervour. It featured a display by the school band, a self-defence display by Grade IX, a medley of patriotic songs by the Pre-Primary students, A Koli dance by Grade V students, and a series of dances by Grade VIII students. Sports awards were presented to the students who had excelled in the field of sports in the previous session.



## Mock Earthquake Drill

A mock drill was conducted by the Disaster Management Committee on January 30, 2019, at 12.30 pm. The students followed the evacuation plan and assembled at the place allotted to their class. They managed to evacuate the high school building in 2 minutes 30 seconds. On reaching the ground, the respective class leaders took the attendance of their class.





## Nature Walk

The pupils of Class IX, part of the Eco & Science Club, were taken for a 'nature walk' inside the school premises. The walk was conducted by the members of the Chandigarh Tree Lovers Club. The students were informed about the variety of flora present in the school.



## Children's Peace Fest 2019

Around 20 students from Carmel Convent School, Chandigarh participated in the first ever Children's Peace Festival-CPF, 2019, organised by the NGO Yuvsatta and its associates. 500 enthusiastic children from Chandigarh, Jammu and Kashmir, Delhi, Himachal Pradesh and Rajasthan participated in this Peace Fest. We also had the pleasure of hosting seven students from Carmel Convent School, Jammu.





## Visit to Government Medical College and Hospital

On Friday, February 1, 2019, around 300 students from Classes VI-VIII visited the Government Medical College and Hospital for a seminar on Menstrual Hygiene and women's health with emphasis on diseases like PCOD. This was followed by an introduction to anatomy with children being shown various preserved organs from the human body.



## State Library Competitions to Commemorate Martyrdom Day

A series of competitions were organised by the Chandigarh State Library, Sector 17, to mark the death anniversary of Mahatma Gandhi. Our students took part in the Hindi poetry recitation competition held on 29<sup>th</sup> January, 2019, and in the declamation competition held on 31<sup>st</sup> January, 2019.





## World Water Day

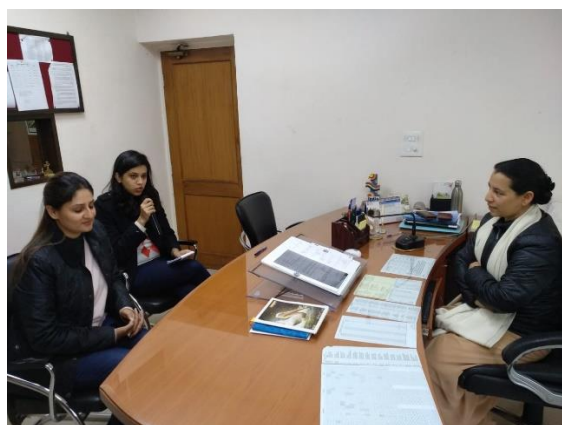
The Class IX 'Science and Eco Club', organised a bookmark-making competition on the occasion of World Water Day. The theme of the competition was Water Conservation.



## Thanksgiving Week 2019, by Namrata Squad

The Namrata Squad of Carmel Convent School, Chandigarh got the opportunity to celebrate Thanksgiving Week from February 4-8, 2019. Daily morning assemblies on the intercom as well as various other activities were undertaken throughout the week.

- Day 1: 4th February 2019- Thanksgiving to the School.
- Day 2: 5th February 2019- Thanksgiving to God.
- Day 3: 6th February 2019- Thanksgiving to Family.
- Day 4: 7th February 2019- Thanksgiving to Friends.
- Day 5: 8th February 2019- Thanksgiving to Workers.







## Value Education Day and Mrs Harmala's Farewell

February 9, 2019 was celebrated as Value Education Day at Carmel Convent School, Chandigarh. It was also the Farewell function of Mrs Harmala Kaur, a beloved teacher who is retiring after 30 years of service to the school. The function was followed by the traditional sharing of food with children preparing collective dishes and offering food to everyone else. This sharing of food is a tradition at Carmel, which bonds the students into one big family.



## Seminar for Parents:

The annual orientation programme for parents of students from Classes VI-XII was held on various days from April 3-13, 2019. The parents were made aware of how to use the homework and the fee applications. The Counsellor then discussed the various issues that the parents might expect from their child's age group and were given forms to enable them to be involved in the functioning of the school in various ways.

## Orientation for Parents-April 08, 2019

The Lower KG students joined the Carmel family in April this year and their parents were invited for the first orientation in the school auditorium.



## Peace Club Organises Poster Making Competition

The Peace and Kindness club organised a poster making competition on April 10, 2019, for the students of Classes VII (A, B and C) on the topic "Future Full of Peace". The students were asked to express their ideas through paintings and sketches.



## Workshop at Fortis Hospital

A workshop was organised on April 12, 2019, by the Fortis Hospital as a part of the Pro Social Peer Mentor Initiative. Four students from Class IX attended and participated in the interactive 3 hour hands-on workshop. The workshop made the students engage in activities such as out-of-the-box, happy-earth-happy-people, and transporting to the future.





## Punjabi Haas Ras Kavita Pratiyogta

A Punjabi Haas Ras Kavita competition was held on April 12, 2019, for Category II, (Classes VIII, IX and X), and on April 15, 2019, for Category I (Classes VI and VII). Two participants from each section competed for the top three positions.

## Annual Prize Distribution Ceremony

On April 15, 2019, the school held its Annual Prize Distribution Function to award the meritorious students for their exceptional performance in the field of academics.

The program also welcomed the new batch of Class XI for the session 2019-2021. Following this, the Academic Achievers from Classes VI-X and Class XII were awarded trophies and certificates to honour their commendable performances in their respective subjects. Students who had won prizes in the various Olympiads were also awarded.



## Celebrating the Power of Rupee One

On the morning of April 16, 2019, NSS volunteers, along with the students of Classes VI-XII assembled in the auditorium to celebrate the 'Power of Rupee 1' function with the students of Bapu Dham. Next, the 'Power of Rupee 1' collections of all classes were announced and the section with the highest collection was awarded with sweets. Gifts were then given to the Bapu Dham students. Sr Supreeta also presented them with a sanitary pad vending machine.

## World Heritage Day

On the occasion of World Heritage day, 18<sup>th</sup> April 2019, the students of the Eco and Science Club visited the three heritage Peepal trees in and around Carmel Convent School. The students were given a detailed background of these heritage trees.



## Workshop for Parents of Grade X & XII

Ms. Tanvi Seith, counselling psychologist, Fortis Hospital, Mohali, held an interactive session with the parents of Class X & XII students to discuss the challenges they would be encountering in these demanding Board years and how they can be facilitators and mentors to their wards in order to help them achieve good results.





## Orientation

The session 2019-20 got off to a good start with the orientation programme for parents of Classes I-V. An orientation programme was put up for the parents of the Primary Wing in order to familiarise the parents with the curriculum, rules and regulations of the school, teaching methodologies and the co-scholastic activities. The counsellor gave some parenting tips to the parents.

## International Earth Day

April 22, 2019

The following activities were conducted and participated in by the students of Carmel Convent School for the celebration of Earth Day.

- The Morning Assembly: The students were made to understand the significance of this day.
- Earth Day pledge was taken by all students.
- The Department of Environment, Chandigarh Administration, Earth Day network – India and Yuvsatta – an NGO organised several inter-school competitions including poster making, photography and declamation contest. Carmel students won many prizes in the same.
- An Inter-Class Bulletin Board Competition on saving the environment was organised by the Eco and Science Club.
- The Club also organised a competition where the students of each class were required to prepare individual sheets on various topics.



## **Heritage Club Celebrates Family Traditions**

On April 24, 2019, the Heritage Club organised an activity for the students of Class VIII in which the students had to make a poster on an A4 size sheet on the topic MY FAMILY TRADITION. The students pasted/ drew pictures showcasing their family traditions. Later the posters were displayed on the club bulletin board.



## **Workshop on Service Learning**

On April 27, 2019, Carmel Convent School organized an interactive workshop for its entire staff on Service Learning. The Resource person, Mr Hector Andrade gave an enlightening talk on the various aspects of Service Learning and how it can be incorporated into the school curriculum. He stressed on the need to equip students with the opportunities to develop civic engagement skills so as to become global citizens in the true sense of the world. Empathy and respect were core principles he felt needed to be taught to students.





## Training Session (MUN)

Model United Nations is an academic simulation of the United Nations where students play the role of delegates from different countries and attempt to solve real world issues with the policies and perspectives of their assigned country. A training session regarding the same was conducted on 23.4.2019 for the interested students of classes 8<sup>th</sup>-12<sup>th</sup>.



## English Language Day

The English Language Day was conducted on April 29, 2019 to celebrate the beauty of the English language. To mark this day a Poetry Recitation Competition was held for Classes I-V. All classes were given various topics for the poems – namely– Values, say no to junk food, woman power, a greener world.



## English Poetry Recitation Competition for VI-VIII

Day One of the English Language Celebrations was held on April 30, 2019, for Classes VI-VIII. This year a Group Poetry Recitation Competition was held to commemorate the day. Classes were given different themes for the recitation and were marked on their pronunciation, voice modulation, and their coordination.



## Worker's Day 2019

On May 1, 2019, Carmel Convent School celebrated Labour Day by organising a function for all non-teaching staff in the school auditorium. A variety entertainment programme was put up by the students. Games were also organised for the workers. The principal gave out gifts to the workers followed by lunch served by the NSS students.



## Inter-Squad Basketball Matches

The final match was held between **Nirmal Squad** and **Satya Squad** on May 3, 2019. The final score for this championship was a very close Nirmal 17/ Satya 16. The Inter-Squad Champions for 2019 are NIRMAL SQUAD.







### **Carmel Shines at Sacred Heart**

Carmel students shone at Day 1 of the Sacred Heart Inter-School Competitions, held on May 2, 2019. The theme for the day was “Mother Earth: Know its Worth”. Carmel won first prize in ‘Graffiti: Green the Earth’, third prize in ‘To Design a Mind Map: Visual organisation of theme based information’, third prize in ‘To Design a Puzzle or a Game’ and 4<sup>th</sup> in ‘Making Articles from Old Clothes’. On Day Two of the competition (May 4, 2019), Carmel bagged the 2nd position in Verse-e-Style Poetry Composition & Recitation competition. The final day of the competitions saw Carmelites win first prize in ‘Mind Matters’, the Science Team Work Project. Carmel was also awarded the Overall Best School Trophy, based on the number of events won by an individual school.



### **Carmel Blossom Congress in Bangalore**

Three students from Class VIII and IX attended the 4th International Carmel Blossom Congress which was held in Bangalore from April 8-11, 2019. A total of 150 students attended the Congress. They got a chance to meet the Superior General, Sr. Sushila and other sisters of the congregation. The meet itself was conducted by Sr. Lydia.





### **Working on the Compost Pit in the School.**

Students of Class VIII have been working on the compost pit, under the supervision and guidance of the school gardener, Mr Pachai.

They have been trying to find the shortcomings in the system which the Eco Club will work towards improving. A regular inspection of the compost pit is being done. Students are taught about the importance of mulching.



### **Solar Panels: A Step towards a Healthier Environment**

Carmel Convent School is among the first schools in Chandigarh to install solar panels. The school took the initiative in the year 2015, to help provide a healthier environment. There are a total of 54 panels installed on the roof of the High School building. These are used to generate electricity in order to reduce the dependence on traditional power sources.



### **Humans Replace Books at Carmel Convent School**

On Sunday, May 5, 2019, Carmel Convent School's NSS volunteers, along with the school Principal Sister Supreeta and Programme Officer Ms Preeti Swami, gathered at the school auditorium for a new initiative—Human Library.

The concept of human library strives to reduce prejudices in the society by enabling open-minded conversations between strangers, wherein one person acts as a human book and wants to talk to a reader.





## Inauguration of Carmel Convent School Online Donation Website

The inauguration of i-daan (I-Donate and Alleviate the Needy) website was done on Sunday, May 5, 2019 in Carmel Convent School, Chandigarh. The website is the brainchild of Carmel student Neha Pal, and has been designed with the purpose of providing a web-based platform for integrating and coordinating activities related to donation, and to fill the gap between the donor and the needy.



## English Poetry Recitation for Classes IX-X

Day Two of the English Language Celebrations was held on May 6, 2019, for Classes IX-X. This year a Group Poetry Recitation Competition was held to commemorate the day. Classes were given different themes for the recitation and were marked on their pronunciation, voice modulation, and their coordination.





### **Cleanliness Drive**

A cleanliness drive was organized by the Peace and Kindness Club on May 7, 2019. As a part of this Cleanliness Drive, the students of the Peace and Kindness club went to clean a neighbourhood park. The main purpose of this drive was to create awareness among the students regarding cleanliness and its benefits.



### **Blessing of the School**

On May 8, 2019, Father Lawrence and Father Francis from the Sector 19 Cathedral conducted the Blessing of the School. This ceremony is conducted each year to invoke God's blessings on the school and all who enter here. Every corner of the school is sprinkled with Holy water to the singing of hymns, bringing a feeling of peace and sanctity all over.





## Seminar on Artificial Intelligence

The Atal Tinkering Lab at Carmel Convent School, in association with the Indian School of Robotics, organised a seminar on Artificial intelligence (AI) in the school auditorium today. Students were made to understand how AI is actually implemented in industries to solve real world problems using knowledge and reasoning. Special focus was made on how Alexa works and the uses it can be put to. Students from Classes VII-X participated in this seminar, which was conducted separately for all age groups.



## Hindi Handwriting Competition

With the aim of promoting neat written presentation, the Literary and Book Club organised a Hindi handwriting competition for students of Class X on May 16, 2019. All the students participated actively and wrote a paragraph/ poem in beautifully scripted handwriting.



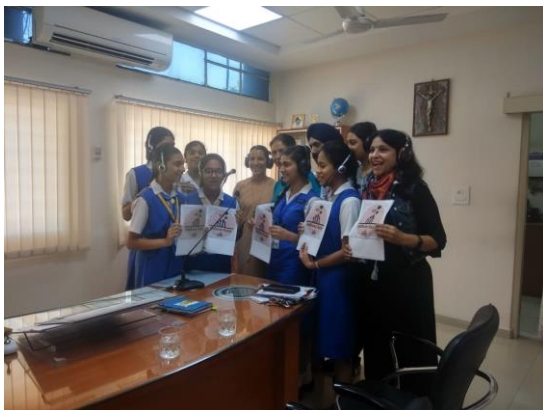
## Plasticine Moulding Competition May 17, 2019

The plasticine medium allowed each and every student of the pre-primary to showcase their sculpting skills and creativity. The students enthusiastically made little works of art with their tiny hands and felt the joy of creating something unique. Of course there were some who were just a tad more outstanding than others and they made it to the finalists list.



## Yomento Radio Channel Inaugurated

Carmel Convent School today inaugurated its dedicated radio channel, designed to air students' views on a global platform. The YOMENTO channel will be a platform for students of Carmel Convent School to express themselves on topics like generation gap, peer pressure and feminism to name a few.



## Hindi Handwriting Competition

With the aim of promoting neat written presentation, the Literary and Book Club organised a Hindi handwriting competition for students of Class X on May 16, 2019. All the students participated actively and wrote a paragraph/ poem in beautifully scripted handwriting.

## CESA celebrates Mother's Day at Carmel

CESA members celebrated Mothers' Day in school by conducting a paper-bag decorating competition for Classes VI-X. They were to theme it on 'My Mother'. Enthusiastic



participation was seen from all classes. The CESA members awarded prizes for the best three bags in each section.



### **Epidemic Prevention**

To educate students on Dengue and Malaria and to urge them to fight against these Anti-Malaria Day and Anti-Dengue Day were conducted by the Health Club of the school. Students were given information about these diseases in the school assembly and also took a pledge to fight them.



### **Book Donation Drive**

Kitab da Langar: Book Donation Drive

Carmel Convent School, in collaboration with the NGO Yuvsatta, took the initiative to collect books from teachers and students to provide them to the underprivileged enthusiastic readers. This step was taken, envisioning a world where books are available to all.



### Summer Dance Workshop at Carmel

Carmel Convent School, in collaboration with Dancin' Aptitude Dance and Fitness Studio, organized a Summer Dance Workshop which culminated in a glittering finale on May 5, 2019. The 15 day workshop saw 50 students from LKG to XII learn various dance forms like Contemporary, Hip Hop, Bollywood, Bhangra and Classical.



### Rising Carmelites

'Rising Carmelites', a new initiative to help students who need academic support, was started this year. Under this initiative, volunteers from Classes VIII -XII take on the responsibility of guiding, supporting and helping students weak in academics so as to enable them to come up to the level of the class.





### **Staff Orientation 2019**

The Orientation for the Staff of Carmel Convent School was held on July 1-2, 2019. The resource person was Father Praveen Hridyraj, Vice Principal and Professor of Ethics at the St Joseph Law College, Bengaluru. The two-day session was designed to bond the staff into one family so that they may work together towards the welfare of the students.

This was done through various interactive games and activities like the human knot, the blindfold game, the paper-wheel etc.

### **Annual General Meeting of the Parent Teacher Association 2019**

The Annual General Meeting of the Parent Teacher Association (PTA) was held in the school auditorium on July 6, 2019. The meritorious students of classes X and XII were also felicitated for their outstanding achievement in the Board examination. The annual report for the session 2018-19 was read out. Ms Aanya Bindra, Class X, was especially honoured for acting as a scribe for one of the Class XII students.



### **Feast Day**

The School Feast Day was celebrated in the Carmel Convent Primary wing on July 12, 2019, with great joy and love. The programme, organised by students of Class IV, began with a prayer service invoking Mother Mary's blessings. This was followed by a skit depicting the values which play an important role in leading a life filled with happiness. The angelic sound of the

choir singing hymns reminded us of the omniscience of God. A celebration dance was then presented, followed by Sr. Supreeta's address to the students where she motivated them to inculcate the values showcased in the program.



### **WIZ Spell Bee Championship**

The State Level round for the Wiz Spell Bee competition was held on July 13, 2019, in the school auditorium. Many students won medals, certificates and cash prizes.

### **Feast Day of Our Lady of Mount Carmel**

July 15, 2018 was celebrated at Carmel Convent School as the Feast Day of our beloved Lady of Mount Carmel. The school turned into a sea of blue as all students, wore the T-shirts specially designed for the celebration of the school's Diamond Jubilee year. The festivities, conducted by Class XI, were followed by a Eucharistic Celebration which was conducted by his Lordship Bishop Ignatius Loyola Mascarenhas. The Mass was followed by a fellowship meal which the entire staff and congregation partook of.





## **Chhabeel at Carmel Convent School**

The culture of sharing and service forms a major part of the ethos of Carmel Convent School. As part of this value system, a Chhabeel was conducted today outside the school's gates. Students from classes VI-XII enthusiastically took part, offering sweetened water and milk, mixed with essence to thirsty people, motorists included. Delicious Halwa and channas were also served. People stopped to partake of these offerings and to bless the children for their effort.

## **Tree Plantation Project**

On the 15th of July, 2019, the students of various schools of UT, Chandigarh, took the initiative to plant shaded trees, fruit trees, and herbal/medicinal plants in their respective school campuses. At Carmel Convent School Chandigarh, students planted saplings of different herbal, fruit, and shaded trees.

## **Mass Rally: Water Conservation**

On the 15th of July, 2019, the students of Carmel Convent School Chandigarh, led a mass rally to spread awareness regarding the importance of saving water.

## **No 'quiet please' for Senior Students at Carmel Convent School's Human Library!**

The second Human Library event was held at Carmel Convent School in June 2019. Readers have the opportunity to hear each book talking passionately about what they do and to ask lots of questions, finding out all about their career choices and pathways, qualifications, experience, role and top tips.

## **Sanjha Chulha: Food Donation Drive**

The Peace and Kindness Club organised a food donation drive on July 18, 2019. The students of classes VII (A, B and C) went to the Labour Chowk and Government Medical College & Hospital, Sector 32 to distribute food to the needy. This drive helped the students to inculcate the habit of helping the poor and the needy. They also learnt the importance of food and why we should not waste it.

## **Carmel Teachers' Support 'Read Bapudham Campaign'**

Chandigarh, July 20: Teachers of Carmel Convent School, Chandigarh, organized a prize distribution function to mark the culmination of the 'Read Bapu Dham Contest' at Kitabghar library cum children's Centre of Yuvsatta at Bapudham Colony, Sector 26, Chandigarh. The best 10 young readers were honoured for reading the maximum number of books during the holidays. Books for the programme and Prizes for the winners were donated by teachers of Carmel Convent School. The First prize, for reading the maximum number of books, was a brand new bicycle.

## **Credence III: July 22-27, 2019**

In the continued endeavour to provide students with holistic, exciting and challenging learning experiences, Carmel Convent School hosted Credence III- Inter-School Competition from July 22, 2019 to Saturday, July 27, 2019.

The event was inaugurated by Lieutenant General Rajinder Singh Sujlana, PVSM, AVSM, VSM. A Science Extravaganza was held on the opening day of Credence III (**July 22, 2019**). Twenty three schools across Chandigarh participated in various Science competitions.

The second day of Credence III (**July 23, 2019**) saw various competitions organized by the English Department and the Computers Department. 22 teams from various schools in the Tricity participated in a website designing competition, showcasing their designing and technology skills. Literati, the series of English language events saw participation from 24 schools from across the Tricity. It involved four competitions, focusing on the language and oratory skills of children from Classes V-XII

Day three of Credence-III (**July 24, 2019**) was dedicated to the Maths and French Departments.

Around 170 students from across the Tricity participated in this unique event which brought out the spirit of team work, efficiency, and tested their fundamentals of Maths. Enchante', the French event consisted of a model-making competition organised by the French Department for Classes VI-X.

Day four (**July 25, 2019**) had Live and Re-Live, the Social Science Presentations. 'Sahitya Sansaar' the Hindi Competitions were also held on Day 4.

**Day 5 (July 26, 2019)** saw the Punjabi and the Art Department conduct various competitions.

The Artzee Treasure was a colourful event that saw 25 schools take part. The Saada Punjab Haasras Kavita was organized by the Punjabi Department. It involved recitation and enactment of humorous poetry in Punjabi by students of Classes VI-IX. It saw enthusiastic participation from 26 schools from across the Tricity.

Credence III concluded on July 27, 2019 on a musical note with Musical Potpourri which comprised Swaranjali, an individual Gazal Singing competition for Classes VI-XII; and Beyond the Voice, Motivational/ Inspirational Duet for Classes VI-XII. The overall trophy for best performance in all events went to St John's High School, Chandigarh.

The event was followed by a breath taking bhangra performance by the host school.

### **Youth Day Celebrated**

On the occasion of Youth Day, the students of the Literary and Book Club organized a special assembly aimed at making the children aware of the influential youth of today. The assembly was in the form of a talk show where youth personalities from different fields were talked about. Students were introduced to Rishab Jain, an inventor, scientist and researcher; Hima Das, the award-winning sprinter from Assam; Millie Bobby Brown, an English actress; and Troye Sivan, a South African-born Australian singer, songwriter and actor.

### **Independence Day 2019**

On August 15, 2019 the staff and students of Carmel Convent School gathered to commemorate the 73rd Independence Day of the Nation. The Celebration began with the flag hoisting by the Principal, Sr Supreeta, and the Chief Guest, Ms Rajini Wadhera, a retired teacher of the school. With the national anthem being sung in the background, patriotic spirit was at a high. This was followed by a beautiful ceremony conducted by students from all three wings of the school.







### Inter-Squad Independence Day Bulletin Board Competition

To commemorate 73 years of Independence and to celebrate the spirit of patriotism among the youth, an Inter-Squad bulletin board decorating competition was organised on the theme 'Celebrating our Freedom Fighters'. The results were as follows:

**1st Position: Namrata Squad**

**2nd Position: Satya Squad**

**3rd Position: Nirmal Squad**

**4th Position: Ekta Squad**



### **Human Library: 3rd Event on Career Guidance**

The third event of the Human Library that worked towards career guidance was held on August 17, 2019 in the school auditorium. Students and participants alike took part enthusiastically in the same.



### **Hiroshima and Nagasaki Day Commemorated**

The Peace and Kindness club on the occasion of Hiroshima and Nagasaki Day conducted an assembly on August 7, 2019. The students of classes VII (A, B and C), on behalf of the club threw light on the deadliest air raid in human history that took place in Japan on August 6 and 9, 1945. The students were made aware about the after-effects of the bombings on Hiroshima and Nagasaki. The entire school took a peace pledge to make this world a harmonious place to live in.





## Dental Camp 2019

A dental camp was organised on August 20-21, 2019, for Classes LKG to Class 10. Dr Sandeep Arora and Dr Shalini Arora of Arora Dental Clinic with their team of 10 dentists conducted the camp. The doctors thoroughly checked the students and prescribed the required treatment accordingly.



## Social Science Day: Paper Reading Competition

A Paper Reading Competition was organised by the Social Science Department on August 7, 2019. The competition was held for students of Class VI – X. Every Class had 3 participants, one from each section. One prize was awarded per class.



## Hindi Hasya Ras Pratiyogita

The Hindi department of Carmel Convent School organised a Hindi Hasya Ras Kavita recitation competition on August 22, 2019 for students of Classes VI-X.

Three students from each class were selected for the final round which was held in the auditorium.



## Science Exhibition by Class VI

A Science exhibition was organised by Class VI on August 31, 2019, on the occasion of the PTM. Children prepared models related to topics of electricity, light, and the environment. They participated enthusiastically and explained the phenomena related to their models to the visiting parents.





## Literary Activities Conducted by Book Club

The Literary and Book Club organised a series of competitions on August 20, 2019, to encourage the love of books and of reading among students. The competition included book mark making, book cover design, and symbols from books. The best entries were selected by members of the Book Club and awarded prizes.



## Teachers' Day 2019

Students at Carmel Convent School, Chandigarh, celebrated Teachers' Day with a week of special assemblies commending teachers. The week culminated in a wonderful variety entertainment programme which was put together with much love. A tree plantation was conducted in association with the PTA.





### **Peace Day Celebrated at Carmel Convent School**

The Peace and Kindness Club conducted various activities from the September 23-27, 2019 to celebrate the birthday of Mahatma Gandhi (Poster Making on the topic 'World Peace', Postcard Making on the topic- "ek patr Gandhiji ka aapke nam" and a Dramatic Representation competition on the topic, 'Unsung Peace Messengers of the World'). The winners of this competition performed at the special assembly conducted on October 1, 2019.







## Gandhi Jayanti

On October 1, 2019, Carmel Convent School celebrated Gandhi Jayanti. The honoured guests for the day were Mr. Bernie Meyer (popularly known as the American Gandhi); Ambassador of Global Peace, Ms. Rajni Taneja, State Training Commissioner of Bharat Scouts and Guides; and Ms. Anna Karina from Philippines, an international artist and *International Youth for Peace* member. A wonderful variety programme was conducted by members of the Peace Club on the occasion.



## Mother Veronica's Birthday Celebrated

The Feast Day of our foundress Mother Veronica was celebrated on October 1, 2019. It was the culmination of a week of competitions conducted to honour her work and commitment to the ideals of peace and education. Classes VI-VIII had a group singing competition of Mother Veronica's songs, while Classes IX-XII competed in writing celebrating the values she cherished.

### Breast Cancer Awareness Walkathon

On October 4, 2019 Carmel Ex Students Association joined hands with Sahayata Charitable Trust to celebrate the 'Pink Month' and promote Breast cancer awareness at Sukhna Lake here on Friday. A large number of NSS volunteers and other students took part in the walkathon.



### International Girl Child Day Celebration

On the occasion of International Day of the Girl child, NSS volunteers of Carmel Convent School participated in the Pink Turban Campaign organised on the school premises on October 11, 2019. The motto of the campaign was 'Rising girls and empowered women'.





## Annual Book Fair held at Carmel

The Annual School Book fair was held on the school premises from October 10-12, 2019. It was inaugurated by the school Vice-Principal Sr. Elica, Sisters, the School staff and the students of the Literary & Book Club. A plethora of books ranging from educational books, fiction, classics, books on knowledge, biographies of eminent personalities etc. were part of the fair.



## Fun Fair 2019

A Fun Bonanza was organised by Nirmal Squad on October 16, 2019 in the school grounds. Various games and food stalls were organised by the students and the school took on a festive look as the children were seen milling around in the Jubilee T-shirts (specially designed to celebrate the Diamond Jubilee of the school) and trying out all that each stall had to offer.





## Science Day

Science Day was celebrated on October 10, 2019 in Carmel Convent School to inculcate a scientific sense among the students. Various competitions were held to celebrate this day.

An Exploration Challenge (declamation) was held for Classes VII-VIII on the topic “Should the Government Spend More Money on Space Travel.” A collage making competition was held for the students of Class VI on the topic ‘*Water Conservation*’; and a PowerPoint Presentation competition was conducted on the topic “*Chandrayaan ----A hit or miss*”.

## Rashtriya Ekta Diwas Celebrated

Carmel Convent School observed Rashtriya Ekta Diwas, also known as National Unity Day, on October 25, 2018 to commemorate the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India. A special Assembly was conducted to commemorate the occasion. Sanya Gupta, X-B, gave an inspiring speech on Sardar Patel and his contributions. The entire school then took the *Rashtriya Ekta Divas* pledge. A declamation competition was held for Class VIII students on the topic, “*Rashtriya Ekta ka Tatparya*”, and an essay writing activity on the topic, “*Sardar Vallabhbhai Patel ka desh ke liye yogdaan*” was conducted for Class X students.





## Diwali Celebration 2019

A colourful and festive Diwali function was conducted by Class VI students of the school, on October 22, 2019. The beautifully conducted ceremony showcased the story behind Diwali, and all the other special functions associated with it.



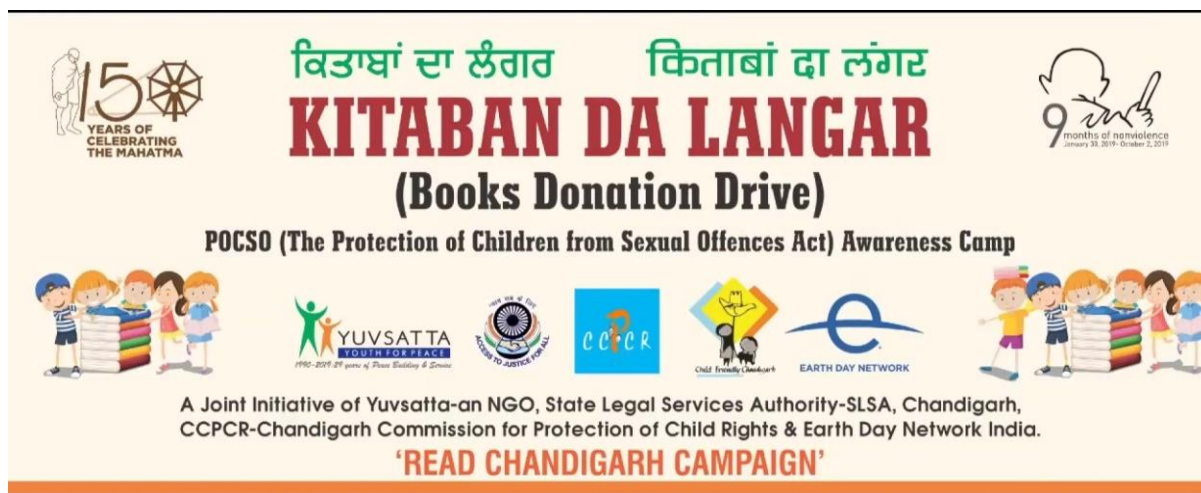
## Second Stitching Course Participants Felicitated

The Diwali function on October 22, 2019 was also an opportunity to felicitate the participants of the Second Stitching Course conducted by the school for underprivileged women from around the area. This course falls under the Mother Veronica Women's Empowerment Programme. The women were presented with certificates of achievement and Sewing Machines. They addressed the students and spoke about how the course had opened up employment opportunities for them.



## Kitaaban da Langar

Students from Carmel Convent School, Chandigarh, under the leadership of NSS volunteers, took part in a book donation drive organised by CCPCR (Chandigarh Commission for the Protection of Child Rights)



## A First in the Country: Carmel Creates Unique QR Codes for Flora

The Eco Club of Carmel Convent School, in collaboration with Atal Tinkering Lab, created unique QR codes for the flora of Carmel Convent School. This initiative is the first of its kind in the whole country to have been undertaken by any educational institution.

The Provincial Superior of Apostolic Carmel, Sr Nirmalini and the school Principal Sr Supreeta inaugurated the QR programme in the school auditorium today. The QR codes are hyperlinked with the Eco Club website, displaying detailed information of each plant. Moreover, QR codes displaying 3D images of specific plants were also created.





## Go Green Eco Club starts YouTube Channel

The Go Green Eco Club of Carmel Convent School, Chandigarh, on November 4, 2019, started a dedicated YouTube channel to showcase the work done by the students. The link for the same can be found on the Club website <https://thegogreenecoclub.wordpress.com> and the email ID to contact the Club is [thegogreenecoclub@gmail.com](mailto:thegogreenecoclub@gmail.com).



## Carmel Convent School as Hub of Learning

CBSE has created a Hubs of Learning group with Carmel Convent School, Sector 9-B, Chandigarh as the lead collaborator school. The Partner Schools are St Mary's School, Sector 46-B; Modern Ways Model School, Sec 29-C; Shishu Niketan Public School, Sec 43-A; The Banyan Tree School, Sec 48-B; and Ryan International School Sec 49-B Chandigarh.





## Talk on Menstrual Hygiene

A talk on Menstrual Hygiene was conducted for Students of Classes V-VI on November 8, 2019, by Dr Prabhjeet of Healing Hospital Chandigarh. She explained the menstrual cycle and how one should maintain proper hygiene during the cycles to the students. She also told them about what should be done, and the diet to be taken during adolescence.



## Human Library on Satvik Bhojan

The fourth Human Library event was held on November 8, 2019, at Carmel Convent School, Chandigarh. Eminent personalities from various walks of life interacted with the students to discuss 'Satvik Bhojan' and how it fits into our lives.

